Creating communities where dignity, equality, access, empowerment and choice exist for all persons with disabilities

Providing empowering programs for people with disabilities for over 30 years
ABOUT US

WHAT IS A CENTER FOR INDEPENDENT LIVING?

The term Center for Independent Living (CIL) or Independent Living Center means a consumer-controlled, community-based, cross-disability, nonresidential, nonprofit 501 (c)3 agency. CILs are designed and operated within a local community by individuals with disabilities and provide an array of independent living services.

- Transportation
- Employment
- Work skills education
- Personal assistance services
- Socialization and recreation
- Sports, fitness and health
- Home modifications
- Reintegration from nursing home to the community
- Access to affordable health care and accessible housing

Anyone identifying as having a disability is eligible to receive services from a Center.

51% of staff and Board of Directors are people who have disabilities

Core Services

- Information & Referral
- Independent Living Skills Training
- Individual and Systems Advocacy
- Peer Support
- Transition
ECONOMIC IMPACT

INVESTING IN CILS SAVES THE STATE MONEY

In states where general fund dollars are invested in CILs, it has been reported that for every $1 invested in CILs, $12 is returned to the state. These states have reported as much as $42 million in total taxpayer savings.

Arizona’s economy benefits when independence and economic self-sufficiency are supported

- Increased fiscal responsibility and decreased dependence on public assistance
- Employment and increased tax revenue
- Home ownership
- Ability to pay for healthcare
- Increased purchasing power and spending on Arizona’s products and services

Home & Community-Based Services

The State saves $29,000 annually for every elderly person or individual with a physical or intellectual disability who CILs assist in avoiding institutionalization or nursing home placement through the provision of in-home community-based services and supports.

Employment Outcomes Through the Ticket to Work Program

- Contributed $289,086 in federal taxes (at 20% tax rate)
- Paid $110,575 into the SSA and Medicare Trust Fund toward their retirement
- Saved the Trust Fund $407,160 because of work without receiving benefits

(based on the 2013 average benefit of $1,131/month)

73%

Ticket to Work participants reached financial independence

“Independent Living is not doing things by yourself; it is being in control of how things are done.”

-Judy Heumann
Disability is a natural part of the human experience and in no way diminishes the right of individuals to...

Live Independently

Pursue Meaningful Careers

Contribute to Society

Make Choices

Enjoy Self-Determination

and enjoy full inclusion and integration in the economic, political, social, cultural, and educational mainstream of American society.

ARIZONA HAS 5 CENTERS FOR INDEPENDENT LIVING

(1) Assist to Independence
   Tuba City, AZ

(2) New Horizons Disability Empowerment Center
   Prescott, AZ

(3) Arizona Bridge to Independent Living (ABIL)
   Phoenix, AZ

(4) Services Maximizing Independent Living & Empowerment (SMILE)
   Yuma, AZ

(5) Direct Center for Independence
   Tucson, AZ
CIL OUTCOMES

BROADER IMPACT

Here is a snapshot of the impact Arizona’s five CILs have had in the lives of people with disabilities and on the greater community this past year:

<table>
<thead>
<tr>
<th>Services Provided</th>
<th>Individuals with Disabilities Served</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocacy/Legal Services</td>
<td>720</td>
</tr>
<tr>
<td>Home Modifications/access to housing</td>
<td>1,373</td>
</tr>
<tr>
<td>Information &amp; Referral Services</td>
<td>7,337</td>
</tr>
<tr>
<td>Personal Assistance Services</td>
<td>3,301</td>
</tr>
<tr>
<td>Employment/Vocational Services</td>
<td>1,468</td>
</tr>
<tr>
<td>Transportation Assistance</td>
<td>154</td>
</tr>
<tr>
<td>Independent Living Skills Training</td>
<td>361</td>
</tr>
<tr>
<td>Peer Support/Mentoring</td>
<td>607</td>
</tr>
<tr>
<td>Youth Transition Services</td>
<td>173</td>
</tr>
<tr>
<td>Sports, Fitness or Recreation</td>
<td>1,558</td>
</tr>
</tbody>
</table>

17,052 CONSUMERS SERVED BY AZ CILS
5 CORE SERVICES
ARE PROVIDED AT EVERY CENTER FOR INDEPENDENT LIVING

Information & Referral
connecting consumers to programs and services that help them live independently

Independent Living Skills Training
providing one-on-one and group training to assist consumers to live independently, such as how to access public transportation

Transition Services
transitioning consumers from nursing homes to less restrictive living arrangements, such as a home or apartment; from youth to adulthood; and from rehabilitation settings to the community

Peer Support
providing peer mentoring and support to consumers who are learning to live independently, from role models who have been there

Individual & Systems Advocacy
teaching individual consumers about self-determination strategies and addressing physical and attitudinal barriers in society
AZ STATISTICS

YEAR 2013

<table>
<thead>
<tr>
<th>Arizona Total Population</th>
<th>With a Disability</th>
<th>% of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>6,521,226</td>
<td>801,728</td>
<td>12%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Arizona Total Population 18 to 64 years</th>
<th>With a Disability</th>
<th>% of Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>3,900,900</td>
<td>400,687</td>
<td>10%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Arizona Population 18 to 64 years</th>
<th>Total #</th>
</tr>
</thead>
<tbody>
<tr>
<td>With a hearing difficulty</td>
<td>87,821</td>
</tr>
<tr>
<td>With a vision difficulty</td>
<td>82,373</td>
</tr>
<tr>
<td>With a cognitive difficulty</td>
<td>160,081</td>
</tr>
<tr>
<td>With an ambulatory difficulty</td>
<td>205,634</td>
</tr>
<tr>
<td>With a self-care difficulty</td>
<td>70,897</td>
</tr>
<tr>
<td>With an independent living difficulty</td>
<td>137,540</td>
</tr>
</tbody>
</table>

2013 American Community Survey (ACS) of the U.S. Census Bureau’s population estimates of civilians ages 18 to 64 years living in the community in Arizona by disability (note: does not include those living in institutions).

DISABILITY EMPLOYMENT

74% of Arizonans with disabilities are unemployed, compared to 34% for those without disabilities.

% Living Below Poverty Level

WITH A DISABILITY
- below 100% poverty level: 21%
- between 100% - 149% poverty level: 13%

WITHOUT A DISABILITY
- below 100% poverty level: 16%
- between 100% - 149% poverty level: 10%
Centers for Independent Living (CILs) were established under Title VII of the Rehabilitation Act of 1973, as amended.

**FUNDING LEVELS**

<table>
<thead>
<tr>
<th></th>
<th>Federal</th>
<th>State</th>
</tr>
</thead>
<tbody>
<tr>
<td>ABIL</td>
<td>$479,155</td>
<td>$0</td>
</tr>
<tr>
<td>DIRECT</td>
<td>$311,901</td>
<td>$0</td>
</tr>
<tr>
<td>ASSIST</td>
<td>$220,303</td>
<td>$0</td>
</tr>
<tr>
<td>SMILE</td>
<td>$238,918</td>
<td>$0</td>
</tr>
<tr>
<td>New Horizons</td>
<td>$208,307</td>
<td>$0</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$1,458,584</strong></td>
<td><strong>$0</strong></td>
</tr>
</tbody>
</table>

CIL NETWORK CONTACT

Arizona Statewide Independent Living Council  
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